

Course Code:   
 Course Title: Change Masters - Module #7 - Self-Discipline

**Sample:**

**Question:**

<i>Response</i>		<i>Indicate Correct Answer with an "x"</i>
<input type="text"/>		
<input type="text"/>		
<input type="text"/>		
<input type="text"/>		

**Question:** *Which of the following is your greatest tool for success?*

<i>Response</i>		<i>Indicate Correct Answer with an "x"</i>
1 <i>Money</i>		
<i>Knowledge and education</i>		
<i>Who you know</i>		
<i>Habits</i>		

**Question:** *True or False. How we talk to ourselves is a big factor in determining our success.*

<i>Response</i>		<i>Indicate Correct Answer with an "x"</i>
2 <i>TRUE</i>		
<i>FALSE</i>		
<input type="text"/>		

**Question:** *True or False: Correcting others' behaviors can usually change their habits.*

<i>Response</i>		<i>Indicate Correct Answer with an "x"</i>
3 <input type="text"/>		

TRUE		
FALSE		

**Question:** True or False: It is possible to talk ourselves out of being successful.

4	<b>Response</b>		<b>Indicate Correct Answer with an "x"</b>
	TRUE		
	FALSE		

**Question:**

5	Which of the following is the best way to change a habit?		
	<b>Response</b>		<b>Indicate Correct Answer with an "x"</b>
	Decide not to think about it anymore		
	Get someone to point out when you're doing it		
	Erase it		
	Replace it		

**Question:**

6	True or False: Successful people don't need to be self-disciplined to achieve their goals.		
	<b>Response</b>		<b>Indicate Correct Answer with an "x"</b>
	TRUE		
	FALSE		

**Question:**

7	Which of the following is NOT a reason we revert back to negative habit patterns.		
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<b>Response</b>		<b>Indicate Correct Answer with an "x"</b>
<i>New habits haven't been imbedded long enough</i>		
<i>We expose ourselves to a negative environment</i>		
<i>We have a positive, ongoing support system</i>		
<i>We are fearful of losing our friends</i>		

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